

Kavinace

Contains a blend of ingredients involved in the synthesis and activity of GABA, a neurotransmitter important for sleep*

Item Number	Available Sizes	Serving Size
2057	60 Capsules	- 2 Capsules
2079	120 Capsules	





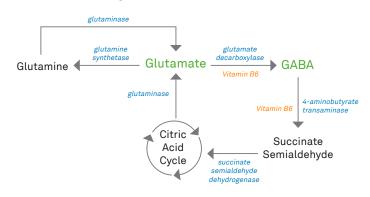
The Science

GABA

GABA is the primary inhibitory neurotransmitter in the brain¹

■ GABA is important for **calm** and **sleep**^{2,3}

GABA Pathway



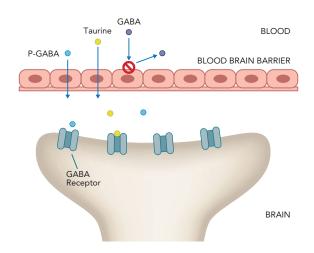
Green = Biomarker Blue = Enzyme Orange = Cofactor

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

^{**} Relative amounts of ingredients as compared to other Kavinace products.

MORE SCIENCE BEHIND KAVINACE

Figure 1. The Blood-Brain Barrier



Crossing the Blood-Brain Barrier (BBB)

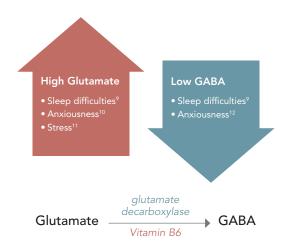
Transportation of molecules across the BBB is tightly regulated in order to preserve proper neuronal function⁴

- BBB protects the central nervous system from toxins, pathogens, immune stress, injury, and disease⁴
- GABA cannot cross the BBB5

Kavinace ingredients cross the BBB^{6,7}*

Taurine is able to cross the BBB via membrane-bound transporters8*

Figure 2. Glutamate and GABA



Glutamate-GABA balance

Glutamate is the main excitatory and GABA is the main inhibitory neurotransmitter in the brain¹³

High glutamate can damage neurons, alter cellular homeostasis, and cause mitochondrial dysfunction¹⁴

Taurine protects neurons and mitochondria against glutamateinduced damage14*

Glutamate is converted into GABA by the enzyme glutamate decarboxylase¹⁵

Vitamin B6 is a required cofactor for glutamate decarboxylase^{16,17*}

Kavinace contains taurine and the active form of vitamin B6





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Consult your healthcare provider before taking with sedatives.



Feeling stressed during the day?

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